

# COVID-19 Health and Safety Plan: Outdoor Children Programs

Summer 2021



## Introduction

The Macdonald-Headingley Recreation District (MHRD) is looking forward to welcoming children back to our programs this Summer. To mitigate the spread of COVID-19 within these programs, the following guidelines will be followed to protect the health and safety of children and staff.

The following measures are in place as recommended by the Province of Manitoba and Public Health and are based on COVID-19 Early Learning and Child Care Practice Guidance (May 2021)

- Daily Health Check screening for all staff and participants
- Adapted program plans to take place outdoors.
- Sign in and sign out procedures that promote physical distancing and limit contact.
- Handwashing and sanitizing protocols, including limiting shared equipment.
- Physical distancing

## Daily Health Screening

Children, staff, volunteers, and parents/caregivers may **NOT** attend MHRD programs if they have any symptoms of illness. An up-to-date list of symptoms can be found at [www.gov.mb.ca/covid19/about/index/html](http://www.gov.mb.ca/covid19/about/index/html)

All staff and children must complete a **Daily Health Check** prior to attending a MHRD program. [www.gov.mb.ca/asset\\_library/en/coronavirus/covid19\\_screening\\_checklist.pdf](http://www.gov.mb.ca/asset_library/en/coronavirus/covid19_screening_checklist.pdf)

If the screening checklist has advised you not to attend the program, please self-isolate and call Health Links or go to the online screening tool located at: [www.sharedhealthmb.ca/covid19/screening-tool/](http://www.sharedhealthmb.ca/covid19/screening-tool/)

A child who does not pass the screening criteria will not be admitted to the program, will be advised to self isolate immediately and consult Health Links – Info Santé or their health care provider.

If a staff member, participant or volunteer begins to show signs of Covid-19 while at the program, they will be removed from the area and sent home.

## Face Masks

All participants, staff and volunteers will wear facemasks when physical distancing is not possible.

## Drop-off and Pick-up

- Staff will greet 1 parent/guardian at a designated sign-in and sign-out station.
- Please maintain physical distancing measures (6ft/2m) when meeting others during drop off and pick up.

## Physical Distancing

The following measures have been adopted to ensure appropriate physical distancing is in place for summer recreation programs.

- Staff will teach participants simple, age-appropriate physical distancing strategies to children during programming.
- Physically-distanced greetings such as “air fives” and elbow bumps will be encouraged; hugs and high fives are not allowed
- Program activities and games will be adapted to encourage physical distancing wherever possible.

Please note that while MHRD staff will encourage physical distancing whenever possible, we cannot guarantee the campers will maintain 2m between each other at all times. Children will be reminded but not punished for coming into close contact with another participant.

## Cleaning and Sanitizing

- Sanitizing supplies will be available at all times
- Staff and participants will wash / sanitize hands after using the bathroom or blowing their nose.
- Staff will remind participants not to touch their faces while on site.
- Staff will be increasing the frequency of cleaning, with special attention to equipment and high-touch surfaces.

Program staff will continue to monitor directives from the Provincial Public Health Officer and will update and adjust the Health and Safety plans accordingly.